



Making The
Difference!

2009-2010 COACHES PACKET

Welcome to the 2009-2010 competition season. We are once again looking forward to serving you and your teams this coming season at Mt. Hood Meadows Ski Resort. We are dedicated to providing all your competitors the highest quality venues and services for training and competing and will work hard to make it a rewarding and fun-filled experience. Thanks for allowing Mt. Hood Meadows to be part of your winter program. The key to your successful event is communication. To that end, we are making a few changes to better assist you before, during and after your event. Sean 'Reverend' Horner, Race Venue Supervisor will continue to be focused on all your on hill needs. An addition to our team will be Sue Overby, our Ski and Snowboard School and Competition Administrator. She will be your contact prior to your event making sure that we have all the correct information that we need to be ready for your competition weekend. She will also be available to you after the event to answer any questions that you may have in regard to your event billing. Chris Kastner, Director of the Ski and Snowboard School is available at any time as an additional Mt. Hood Meadow's contact. Please, always feel free to contact any one of us to help answer any of your questions or take care of any of your event needs.

It is a great team and our mission remains: Become the Best in the West in Guest and Employee Loyalty!

Chris Kastner
Director of Ski and Snowboard School
Office: 503-337-2222 ext. 1418
Cell: 541-400-0494
chris.kastner@skihood.com

Sue Overby
Ski and Snowboard School and Competition Administrator
Office: 503-337-2222 ext. 1276
Sue.overby@skihood.com

Sean 'Reverend' Horner
Race Venue Supervisor
Office: 503-337-2222 ext. 1282
sean.horner@skihood.com



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Pre- Event Documentation

Insurance Information

All schools, clubs, and other parties participating in organized activities on the mountain must provide a Certificate of Insurance and a copy of the **Endorsement** naming Mt. Hood Meadows and the USDA Forest Service as additional insured on a **primary and non-contributory basis** at least one week prior to the date scheduled of services or event. The certificate is required to have no less than **\$2,000,000 minimum coverage** for each occurrence and general aggregate. The insurance certificate must contain the following name for the resort under certificate holder.

**Mt. Hood Meadows Oreg.,
Limited Partnership and
USDA Forest Service
14040 HWY 35
P.O. Box 470
Mt. Hood, OR 97041**

Failure to supply this certificate and endorsement will result in the cancellation of the event or elimination of the club or team that has not submitted the documents. For both OISA and OISRA each school must provide their own certificate and endorsement. These documents are to be mailed to.

**Mt. Hood Meadows Ski Resort
Attn: Sue Overby
P.O. Box 470
Mt. Hood. OR 97041
Sue.overby@skihood.com**

Liability Release / Medical Consent Forms

Liability release forms and medical consent forms must be filled out and completed for every athlete before they may participate in an on mountain event. The forms must be filled out in ink only and participants under the age of 18 are required to have a parent or legal guardian sign the release. Failure to fully complete the form before an event will result in the inability of the individual to participate. Release and medical consent forms can be mailed to Mt. Hood Meadows, attention Sue Overby to the address shown above. Only one release is needed for the racing season. A copy of the release form and medical consent form will be kept in the Providence Mountain Clinic.

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**MT. HOOD MEADOWS SKI RESORT
COMPETITION / EVENT
LIABILITY RELEASE
& INDEMNIFICATION AGREEMENT
(Competitor and Non-Competitor)**

PLEASE READ CAREFULLY! THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS.

Participant understands that skiing, snowboarding and other winter activities (including competitions and events) (hereafter referred to as "Skiing") can be hazardous and that injuries are common when participating in such activities. Participant accepts and assumes the risks associated with Skiing, including, but not limited to, changing weather conditions, variations and steepness in terrain, terrain features and parks, snow or ice conditions, surface or subsurface conditions, bare spots, creeks and gullies, forest growth, rocks, stumps, course design and placement, terrain feature design and placement, the use of lifts, collisions with natural or man made objects or other persons, grooming and snowmobile equipment, lift towers and other structures and their components, falling, loss of control and exceeding one's ability. Participant hereby freely and expressly assumes any and all risk of property damage, injury and death associated with Skiing.

In consideration for lift access and the use of any other area facilities and premises, Participant hereby agrees to release, hold harmless and indemnify Mt. Hood Meadows and Cooper Spur Mountain Resort and their owners, partners, employees, directors, officers, agents, affiliates and related entities ("Meadows") from any and all claims by or on behalf of Participant against Meadows arising directly or indirectly out of Participant's participation in any competition/event and/or the use of area facilities or premises. This release includes claims and liabilities arising from any cause whatsoever, including, but not limited to negligence on the part of Meadows. This release is binding upon Participant, and Participant's heirs, assigns and legal representatives.

If signing on behalf of a minor Participant, Parent/Guardian accepts full responsibility for any medical expenses incurred due to the minor's participation in Skiing and agrees to release, hold harmless and indemnify (including costs and attorneys fees) Meadows for any claims brought by or on behalf of the minor.

Participant Signature: _____ Date: _____.

Parent/Guardian Signature: _____ Date: _____.

Participant Name: _____ Phone: _____.

Address: _____.

MEDICAL RELEASE

If your child needs emergency medical care beyond first aid, and you are not available to give formal consent to medical authorities, care may be unnecessarily delayed. To protect your child, leave a completed **MEDICAL CONSENT FORM** with your school coach or advisor or temporary guardian. In the event of a medical emergency, the form should accompany your child to the hospital so that medical treatment can be rendered.

MEDICAL CONSENT FORM

Child's Name	Illness	Allergies	Medications	Date of last tetanus shot	Other
Physician	Phone	Emergency Contact	Phone	Nearest Relative	Phone
Health Insurance Company		Member #	Group #		

I/ We hereby authorize Providence Mountain Clinic to give all medical and/ or surgical treatment that may be required for my/ our child/ children during our absence from December until May.

SIGNATURE _____



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OREGON SKIER STATUTE ORS 30.970 TO 30.990

Violation of any of these duties entitles the ski area operator to withdraw the violator's privilege of skiing.

The following are excerpts from the statute.

References to "Skiers" & "Skiing" include skiing, snowboarding and other winter activities.

- Skiers accept and assume the inherent risks of skiing (in so far as they are reasonably obvious, expected or necessary).
- Skiers who ski in any area not designated for skiing within the permit area assume the inherent risks thereof.
- Skiers shall be the sole judges of the limits of their skills and their ability to meet and overcome the inherent risks of skiing and shall maintain reasonable control of speed and course.
- Skiers shall abide by the directions and instructions of the ski area operator.
- Skiers shall familiarize themselves with posted information on location and degree of difficulty of trails and slopes to the extent reasonably possible before skiing any slope or trail.
- Skiers shall not cross the uphill track of any surface lift except at points clearly designated by the ski area operator.
- Skiers shall not overtake any other skier except in such a manner as to avoid contact and shall grant the right of way to the overtaken skier.
- Skiers shall yield to other skiers when entering a trail or starting downhill.
- Skiers must wear retention straps of other devices to prevent runaway skis.
- Skier shall not board rope tows, wire rope tows, j-bars, t-bars, ski lifts or other similar devices unless they have sufficient ability to use the devices, and skiers shall follow any written or verbal instructions that are given regarding the devices.
- Skiers, when involved in a skiing accident, shall not depart from the ski area without leaving their names and addresses if reasonably possible
- A skier who is injured should, if reasonably possible, give notice of the injury to the ski area operator before leaving the ski area.
- Skiers shall not embark or disembark from a ski lift except at designated areas or by the authority of the ski area operator



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Are You Aware? Skier/Rider Safety Education Program

Mt. Hood Meadows is committed to safety education and increasing slope safety awareness. Our primary goal is educating, promoting personal responsibility and raising the awareness of the Skier/Rider Responsibility Code.

Last season we continued the successful "Are You Aware?" Skier/Rider Safety Education Program. Through out the season we focused on enforcement and education, with a large emphasis on key congested areas.

When we first began the program several years ago those in various racing programs were frequent visitors in our Safety Education courses. Word quickly got out that we were serious; especially about speed control on certain runs and intersections. Owing to the efforts of all, last season we had very few individuals from the competition community who attended the education program. We thank you for your support and look forward to your continued cooperation.

Competitors at Mt. Hood Meadows are highly visible and identifiable. Like it or not you are seen as representatives of both the sport and Mt. Hood Meadows by many of our guests. Those of you in the racing community are looked up to by many of our guests and employees. We look to you to set an example of responsible behavior and safety awareness.

We challenge you to be ambassadors for the "Are You Aware?" Program.

Know where the Comfort Zones and Slow Zones are and set the example:

- Obey all posted signs and warnings
- Have an up-right stance
- Look around and be aware of people and obstacles in your general vicinity
- Slow and controlled turns
- Maintain the speed of the general flow of traffic

Know The Code and pass it along.

1. Stay in control
2. People ahead have the right of way
3. Stop in a safe place for you and others
4. When starting downhill or merging look uphill and yield
5. Use devices to help prevent runaway equipment
6. Observe signs and warnings, and keep off closed trails
7. Know how to use the lifts safely

Participant Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Participant Name: _____ Phone: _____

Address: _____

Team: _____ Coach's Initials: _____ Date: _____



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Coaches Pass Policy 2009-2010

Coaches Season Passes Price: \$200.00

Limit one season pass for every 10 athletes. Team roster due to Mt. Hood Meadows by November 15, 2009.

Limited to 2 (TWO) season passes per team at \$200.00 per season pass

Additional passes should be purchased at promotional rates (4x4, 3x3, 2x2) and follow guidelines set forth for that program, purchased as a group of the same age and purchased online prior to October 31st, 2009. Or Individual pass pricing promotions available for purchase online through November 8th, 2009 also following the guidelines set forth for that program. For further information and other restrictions please visit us at [skihood.com/Store](http://www.skihood.com/Store)

Chaperones

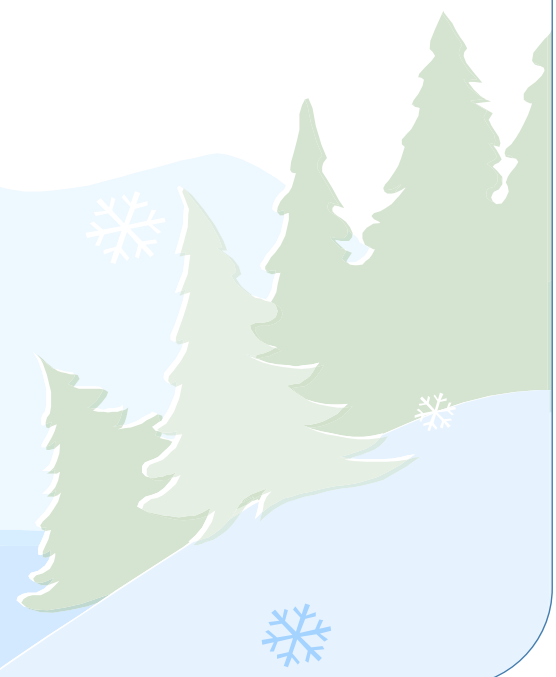
Up to two chaperone tickets will be provided per team for every 20 athletes for evening training.



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2009-2010 Coach's Season Pass	
Last Name	
First Name	
Address	
City	
State	
Zip Code	
Home Phone	
Business Phone	
Email	
Date of Birth	
Season Pass Last Year (Y/N)	
Unlimited Season Pass	
Price \$200.00/ per coach	
Team Name	





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Mt. Hood Meadows Ski Resort

**Snowboard/ Race Department
2009_2010**

**2009_2010
Day Use
Pricing**

**2009_2010
Fri/Sat/Sun Night
Pricing**

(All snowboard and race competitions includes:
Venue, Registration location, On-hill Staff Support, Venue Closures,
Pre Open Cat & Hand Crew, Awards Ceremony location)

ALPINE RACE FEES:

Race Fee	\$300	\$200
Race Fee (each additional hour)	0	0
Training Fee (per day)	\$300	0
Training Fee (per season/per lane)	\$3,000	0

**SNOWBOARD COMPETITION
FEES:**

1/2 Pipe	\$300	\$200
Slope-style	\$300	\$200
BDX	\$425	
Banked Slalom	\$425	

ADDITIONAL FEES:

Packaged Race (includes: Hill Fee, Gates, Timing and Crew, PA, Shack)	\$550/day	
Timing Equipment w/ operator	\$150	\$150
Timing Operator	\$30/hr	\$30/hr
Starter	\$25/hr	\$25/hr
P.A. System	\$75/day	\$75/day
Announcer	\$25/hr	\$25/hr
Course Setter	\$75	\$75
Course Maintenance	\$25/hr/person	\$25/hr/person
Course Hardener	\$10/bag	\$10/bag
Gate Rental	\$150/day	\$150/night
Gate Breakage	\$50/gate	\$50/gate
Additional Cat Time	\$200/hr	\$200/hr
Shack	\$75/day	\$75/night
Tent w/3 walls	\$50/day	\$50/night
Drill & Bit	\$25/day	\$25/night
Generator w/Fuel	\$50/day	\$50/night

**RACE COMPETITION TICKET
PRICE**

Adult 15 and over	\$45	\$25
Junior 14 and under	\$30	\$25

Pass Promotions

Group Pass Promotion (when purchased online by October 31st, 2009) Individual Pass Promotion (when purchased online by November 8th, 2009) see <http://www.skihood.com/Store> For further information and other restrictions



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2009-2010 Meadow's Competition Team Roster

Team Name	
Team Sanctioning/Level	
Coach's Name	
Coach's Phone Number	
Assistant Coach's Name	
As. Coach's Phone Number	

	Last Name	First Name	Age	Emergency Contact Name	Emergency Contact Number
1					
2					
3					
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Coaches Check List

This entire packet must be returned to Sue Overby no later than
November 15, 2009.

Failure to complete this packet by this deadline may result in the delay in
processing coaches season passes.

Mt. Hood Meadows Ski Resort
Attn: Sue Overby
P.O. Box 470
Mt. Hood. OR 97041
sue.overby@skihood.com

- Insurance Certificate and Endorsement naming Mt. Hood Meadows as the certificate holder and additional insured
- Liability Release & Indemnification Agreement and Medical Consent Form signed by both athlete and parent or guardian
- Are You Aware? Education Program signed agreement by athlete, parent and with coaches initials
- Complete Team Roster
- \$200.00 Season Pass Application
*Each team may receive one season pass for every 10 athletes. Limit 2 per Team!