



2020-2021 COACHES/ORGANIZERS' PACKET

Welcome to the 2020-2021 competition season at Mt. Hood Meadows.

We are once again looking forward to working with you, your leagues and teams this coming season at Mt. Hood Meadows. We are dedicated to providing all your competitors the highest quality venues and services for training and competing and will work hard to make it a rewarding and fun-filled experience.

Thank you for allowing Mt. Hood Meadows to be part of your program. Our Race and Competitions Manager, Chris Olson will be available to facilitate all your competition, race, and training needs. Chris O. will also be available to you before, during and after the event to answer any questions that you may have in regard to your event contract and billing. Chris Kastner, Director of Resort Services, is also available at any time as an additional Mt. Hood Meadow's contact. Please, always feel free to contact either one of us to help answer any of your questions or take care of any of your event needs.

It is a great team and our mission remains: Become the Best in the West in Guest and Employee Loyalty!

Due to Covid-19 precautions this season MHM will be requiring new protocols for competitions and training.

Chris Olson
Race and Competitions Manager
Office: 503-337-2222 ext. 1281
chris.olson@skihood.com

Chris Kastner
Director of Resort Services
Office: 503-337-2222 ext. 1418
Cell: 541-400-0494
chris.kastner@skihood.com

14040 Hwy 35 | PO Box 470 | Mt. Hood, OR 97041 | 503.337.2222

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Pre- Event Documentation

Before any team, league, club training, competition, race and/or event may be held at Mt. Hood Meadows the following documentation must be received, reviewed and verified by Mt. Hood Meadows. Please submit the following information with advanced notice to provide sufficient time for review. (Leagues and teams with ongoing relationship events with Mt. Hood Meadows may have additional documentation to fulfill. For any questions on what your team/league needs to provide please contact Chris Olson.

Insurance Information

All schools, clubs, and other parties participating in organized activities on the mountain must provide a Certificate of Insurance and a copy of the **Endorsement** naming Mt. Hood Meadows Oreg., LLC and the United States Government as additional insured on a **primary and non-contributory basis** at least one week prior to the date scheduled of services or event. General liability limit on the certificate must be no less than \$2,000,000.00 per occurrence.

An automobile policy is needed insuring any vehicles which will be operated on the premises with third party liability coverage of at least 2,000,000.00.

Workers compensation insurance is required in accordance with statutory requirements as required by the laws of the State of Oregon.

The name and address on the certificate must read as:

**Mt. Hood Meadows, Oreg., LLC
And United States Government
P.O. Box 470
14040 HWY 35
Mt. Hood, OR 97041**

Failure to supply this certificate and endorsement will result in the cancellation of the event or elimination of the club or team that has not submitted the documents. For both OISA and OISRA each school must provide their own certificate and endorsement. These documents are to be mailed to.

**Mt. Hood Meadows
Attn: Chris Olson
P.O. Box 470
Mt. Hood, OR 97041
chris.olson@skihood.com**

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All Organizations Must Follow US Ski & Snowboarding Competition Guidelines

<https://usskiandsnowboard.org/sites/default/files/files-resources/files/2020/U.S.%20Ski%20%26%20Snowboard%20COVID-19%20Alpine%20Domestic%20Competitions%20Guidance.pdf>

And

US Ski & Snowboard Covid- 19 Alpine Domestic Competitions Guidance

<https://usskiandsnowboard.org/sites/default/files/files-resources/files/2020/U.S.%20Ski%20%26%20Snowboard%20COVID-19%20Alpine%20Domestic%20Competitions%20Guidance.pdf>

CDC considerations

The risk of COVID-19 spread increases in youth sports settings as follows:

- **Lowest Risk:** Performing skill-building drills or conditioning at home, alone or with family Members.
- **Increasing Risk:** Team-based practice.
- **More Risk:** Within-team competition.
- **Even More Risk:** Full competition between teams from the same local geographic area.
- **Highest Risk:** Full competition between teams from different geographic areas.

Mt Hood Meadows Policies for Competition

- Follow all Mt Hood Meadows Covid-19 policies
- Competition may only be held on week days or evenings
- Only one event will be held per day or evening
- Minimum six (6) feet at rest and minimum ten (10) feet while Exercising. Prohibit close contact between participants from different clubs and organizations.
- Masks are required at all times except for free skiing and when athlete is in the start gate and on race course. Athlete will place mask back on after they have finished a run and prior to leaving the finish area
- There will be no in lodge meeting areas:
- No indoor day of registration
- Non-essential personnel and spectators will have access to the lodge for short periods of time to use the restroom or to order food to go
- No bags will be allowed in the Lodge
- Events will be limited to 100 total athletes (Men and/or Women) at the venue at one time. 2 races can be held in one day. The intent is **Not** to hold a women's event in the morning, then a Men's event in the afternoon.
- Transportation must be in family groups
- Athletes must have their temperatures tested and reported to the Covid-19 Coordinator 24 hours in advance who will in turn report results to Mt Hood Meadows representative
- An athlete who does not follow Mt Hood Meadow Covid-19 protocol will be given one warning and the team coach will be notified
- If an athlete is found again breaking the protocols set by MHM or another athlete from the same team is found not following Covid-19 protocols, the entire team will be reprimanded up to the suspension of training and competitions privileges for an undetermined specified time
- Training or competitions may be suspended if one or more of the MHM race and comp staff shows symptoms or has come in close contact with someone who has experienced symptoms of Covid -19.



All Organizations and Teams Must Assign a COVID-19 Coordinator

- Liaise with county on specific rules and regulations around COVID-19, including but not limited to: mass gathering limits, out of state quarantine rules (if any) and emergency protocols.
- Liaise with Mt Hood Meadows for specific COVID-19 policies and procedures including but not limited to: ski patrol, emergency protocols and any designated on site quarantine space(s).
- Central contact point for all participant and staff COVID-19 questions and Concerns. They will exclusively contact **Chris Olson** at all times for a MHM POC.
- Monitor compliance of symptom and temperature checks, and follow up with appropriate action as needed.
- Maintain a record of contact information for all participants in attendance at the competition for notification and health authority contact tracing purposes.
- Notification system to all participants in the event of a positive COVID-19 case reported within 48 hours of competition
- Develop a back-up staffing and volunteer plans and include cross-training for all volunteers with a roster of trained back-up personnel.
- Conduct virtual training for coaches and volunteers on all safety protocols.
- All meeting including, but limited to coaches and volunteer meeting, team gathering, bib distribution must be held outdoors or prior to event

Liability Release / Medical Consent Forms / Are you Aware

Liability release forms, and Are you aware forms are now available online at [Race and Competition Waiver](#). These online forms must be filled out and completed for every athlete, coach and volunteer before they may participate in an on mountain event. Liability waivers for participants under the age of 18 must be completed by a legal Parent or Guardian.

Medical consent forms are now a fillable PDF available at [Providence Consent](#) you will also receive a copy of this form with the email confirmation after completing the online liability release. This form must be filled out, printed and signed for every athlete, coach and volunteer under the age of 18 before they may participate in an on mountain event. Completed Medical Consent forms should be printed/signed and collected by each coach and mailed to Mt. Hood Meadows Attention: Chris Olson at the address shown above.

Forms that are not completed electronically must be filled out in ink only and participants under the age of 18 are required to have a parent or legal guardian sign the release. Failure to fully complete the forms before an event will result in the inability of the individual to participate.

Additional Electronic Wavier instructions

To ensure that this improvement is as seamless as possible please read the following information closely. With multiple organizations, leagues, teams, it is important that each coach, athlete and volunteer know what organization, league and team is applicable to them.

Please review the attached list of organizations, leagues and teams and share the appropriate grouping with your coaches, athletes, parents and volunteers.

To complete your waiver(s) please follow this link [Race and Competition Waiver](#). Once there, you will be prompted to create a profile/account. Participants under 18 years of age should use their legal parent or guardian's profile, if the parent/guardian already has a profile they may login using their existing profile. If they do not have an existing profile they will need to create one.

Once logged in they will be prompted to enter participant info this should be the information related to the athlete, coach or volunteer that will be participating in on the hill activities. There are a series of dropdown boxes where they will enter the appropriate organization, league and team (see attached list) when in doubt they should select



"Other". There are 2 pages of rider safety information that each participant and legal guardian must read and click continue prior to the waiver, at the end of the waiver it will request the legal guardian name and birth date if applicable and then they will click submit, if all fields are completed accurately they will receive a message stating that their information has been saved. And a confirmation email will be sent to both their profile email and the participant email addresses. At this point there is a button to fill out another waiver if needed or they can close the window.

In addition to this waiver, the athlete or parent will need to download, print and have their parent or guardian complete and sign the Providence Consent to treat form. This is only needed for athletes that are 18 years and younger.

All participants must forward their Race and Competition waiver confirmation emails and Providence Medical Consent Form to their head coach/administrator so that you may track who still has to complete the waiver process. Mt. Hood Meadows will send a list of participants that have completed the waiver process in each organization to the appropriate group administrator on a bi weekly basis throughout November. All lists can be requested by email. It is important to note that it is the responsibility of each head coach, league or organization representative to ensure that their participants have completed both forms prior to attending any on hill activities. (Also note that if your participants do not use the correct organization, league or team it will make this process harder)

Each team will still need to provide a complete roster to Mt. Hood Meadows if you choose to use your own format please make sure that it contains all the information asked for in the roster template provided in this packet. These rosters along with completed Medical Consent forms can be mailed **to Chris Olson, P.O. Box 470 Mt. Hood, OR 97041.**

List of Organizations, Leagues and Teams

US Ski and Snowboard (formerly USSA)

Teams: Meadows Race Team (MRT), Cooper Spur Alpine Team (CSAT), Multnomah Athletic Club Alpine Team (MAC), Other (for visiting teams)

Oregon Interscholastic Ski Race Association (OISRA)

Leagues: 3 Rivers, Metro, Mt. Hood

Teams:

3 Rivers League- Catlin-Gable, Central Catholic, Clackamas, Horizon Catholic, Lake Oswego, Lakeridge, LaSalle, Lincoln, Oregon City, Riverdale, Valley Catholic, West Linn, West Side, Wilson, Wilsonville

Metro League – Aloha, Beaverton, Glencoe, Hillsboro, Jesuit, Liberty, Mountain Side, Newberg, Oregon Episcopal, Southridge, Sunset, Tigard, Tualatin, Valor Christian, Westview

Mt. Hood League - Barlow, Benson, Cleveland, Columbia, Dufur, Franklin, Grant, Hood River, Horizon, Madison, Sandy, St. Mary's, South Wasco, Stevenson, The Dalles

Oregon Interscholastic Snowboard Association (OISA)

Leagues: 3 Rivers, Metro, Gorge, Sunset

Teams:

Gorge League - Sandy, Hood River (Summit), Aloha, Southridge

Metro League -Lincoln, Wilson, Riverdale, Grant, Cleveland, Central Catholic, Catlin-Gabel, Portland Waldorf

Sunset League-Tigard, Tualatin, Forest Grove, Glencoe, Sherwood, LaSalle High Schools

3 Rivers League- Lake Oswego, Canby, Lakeridge, West Linn, Oregon City, & Wilsonville High Schools

Coaches Pass Policy 2020-2021

Limit one season pass for every 10 athletes. 2 (TWO) season passes per team at \$284.00 per season pass +\$2.00 media fee without a previous seasons pass.

<u>2020-2021 Coach's Season Pass</u>			
<u>Unlimited Season Pass price \$284.00/ per coach +\$2.00 media fee without a previous seasons pass</u>			
Last Name:		First Name:	
Address			
City, State, Zip			
Home Phone		Business Phone	
Email			
Date of Birth		Season Pass Last Year (Y/N)	
Team/School Name			
Training Request			
Night of the Week you would like to train			
Date training would begin			
Date Training would end			
# of athletes training			
# of bus(es)/van(s)			
Any additional days you are looking to train			

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2020-2021 Competition Team Rosters

All Team Rosters must be submitted via email to Chris Olson in an **Excel Spread Sheet** with the following team and athlete information prior to December 20th, 2020.

Please copy the below table as the top of your spreadsheet that you will submit.

Team Name:		Team Sanctioning/Level:	
Coach's Name:		Coach's Phone Number:	
Assistant Coach's Name:		As. Coach's Phone Number:	
Athlete's Last Name	First Name	Age	Emergency Contact Name
			Emergency Contact Number

Outline of steps to complete

1. All High School teams will need to provide a waiver form from each clubs school district athletic directors condoning training and competitions.
2. Obtain a Certificate of Insurance in accordance with the requirements listed above
 - a. Send COI to Race and competitions manager (Chris Olson)
3. Have every participant (Coach, Athlete, Volunteer) complete
 - a. Online Liability Release/Are You Aware
 - i. Have participants forward their waiver email confirmation to you.
 1. Check these off your roster (keep track of who has completed)
 - ii. Race and Competitions will also provide a list of each team's athletes that Have all completed waivers on a regular basis.
 - iii. Be sure that we have the best contact info to send these updates to
4. Have every athlete's guardian complete and sign
 - a. A Providence Medical Consent to treat form for all participants under the age of 18
5. Collect your teams Providence Medical Consent to treat alphabetized forms.
6. Mail you teams Roster and Providence forms to Mt. Hood Meadows Attention: Chris Olson PO Box 470 Mt. Hood, Or 97041
7. Complete coaches pass request(s) per instructions if applicable and mail or email to Chris Olson
 - a. Please include either a method of payment or how you intend to pay.
 - b. Please indicate the best way to communicate with you during the season
 - i. In case of operational changes such as high wind effecting chair lift Operations, etc...
8. If you intend on training during night skiing operations this season please send those Requests ASAP, and include:
 - a. Organization and team names
 - i. There are many team names that are the same in both OISA and OISRA Please help us know who you are.
 - b. Number of athletes
 - c. Number of chaperones
 - d. Method of Transportation and/or number of buses

8. Have a great season!