MT. HOOD MEADOWS
Your mountain home

Snowshoe Trail Map
2020/2021
Snowshoe at Mt. Hood Meadows

Explore Mt. Hood Meadows via snowshoe! We offer guided tours to Umbrella Falls on Saturday and Sunday, and Vista Ridge Tours on specific evenings after the Vista chairlift has closed to the public. For information on these tours, please visit: SkiHood.com/Snowshoe

Snowshoe Rentals

Snowshoes with poles available at our Rental Center located in the Sahale Lodge or at the Nordic Center located in the Hood River Meadows parking area.

Starting at 9am ................................................................. $29
Starting at 12pm ............................................................... $25
Starting at 2pm ................................................................. $15
Sno-Park Permits
Required November 1st - April 30th to park in Oregon Department of Transportation maintained parking areas (including the Mt. Hood Meadows parking lots). Permits are available at our Concierge, the Hood River Meadows Lodge, Nordic Center or at any DMV office and many sporting goods stores. Parking in an Oregon Sno-Park without a permit may result in a fine of $30 or more.

Oregon Skier Statute ORS 30.970 to 30.990

Violation of any of these duties entitles the ski area operator to withdraw the violator’s privilege of skiing. The following are excerpts from the statute. References to “Skiers” & “Skiing” include skiing, snowboarding and other winter activities.

• Skiers accept and assume the inherent risks of skiing (in so far as they are reasonably obvious, expected or necessary).
• Skiers who ski in any area not designated for skiing within the permit area assume the inherent risks thereof.
• Skiers shall be the sole judges of the limits of their skills and their ability to meet and overcome the inherent risks of skiing and shall maintain reasonable control of speed and course.
• Skiers shall abide by the directions and instructions of the ski area operator.
• Skiers shall familiarize themselves with posted information on location and degree of difficulty of trails and slopes to the extent reasonably possible before skiing any slope or trail.
• Skiers shall not cross the uphill track of any surface lift except at points clearly designated by the ski area operator.
• Skiers shall not overtake any other skier except in such a manner as to avoid contact and shall grant the right of way to the overtaken skier.
• Skiers shall yield to other skiers when entering a trail or starting downhill.
• Skiers must wear retention straps of other devices to prevent runaway skis.
• Skiers shall not board rope tows, wire rope tows, j-bars, t-bars, ski lifts of other similar devices unless they have sufficient ability to use the devices, and skiers shall follow any written or verbal instructions that are given regarding the devices.
• Skiers, when involved in a skiing accident, shall not depart from the ski area without leaving their names and addresses if reasonably possible.
• A skier who is injured should, if reasonably possible, give notice of the injury to the ski area operator before leaving the ski area.
• Skiers shall not embark or disembark from a ski lift except at designated areas or by the authority of the ski area operator.
Daily Snowshoe Tours
Enjoy a wonderful afternoon away from the hustle and bustle of the ski area and join us for a tour through trees and meadows with a scenic view of frosty Umbrella Falls. Our snowshoe tours are an incredible way for our guests to experience the beauty and inspiration of being on the mountain. This is open to all ages and ability levels. The tour begins at 1 PM outside the Rental entrance of the Sahale lodge and returns at 3 PM. We also have a trail to Sahalie Falls accessible from our Nordic Center. Both trails are about 3 miles long. Please check with our Nordic Center for more information and dates or go to: SkiHood.com/snowshoe

Vista Ridge Snowshoe Tours
Our on-mountain guided snowshoe tour will give you another awe-inspiring perspective of Mt. Hood! The tour begins at the lodge with a short hike to the bottom of the Vista Express Chairlift. There we embark on a scenic lift ride where views of White River Canyon and the South Cascades await. Begin the descent along the southern boundary of our resort and back to the lodge.

Contact Info
Mt. Hood Meadows
14040 Hwy P.O. Box 470
Mt. Hood. OR 97041

Phone Numbers
Mt. Hood Meadows ................................................... 503.337.2222 Ext. 1261
Snow Phone ............................................................... 503.337.SNOW

SkiHood.com
Stringer Meadows is a unique subalpine mosaic comprised of 19 individual wetlands, meadows and forest. The 19 wetlands total approximately 28 acres. Some scientists believe the area was free of glacial activity and may be quite old. This factor may explain the unusual and rare concentration of small forest, meadows and wetlands.